

**BEAT WEST NILE VIRUS**  
**5 EASY WAYS TO FIGHT THE BITE**

- 1 Apply mosquito repellent before you go outdoors – especially at dawn and dusk
- 2 Wear long sleeves and long pants outdoors – especially at dawn and dusk
- 3 Report recently dead birds (crows, hawks and jays) to Vector Control
- 4 Check for standing water outside your home once a week
- 5 Call Vector Control for free mosquito treatment (it's safe for people and pets) (858) 694-2888

**Text PEST to 75309**

to receive community health alerts on your mobile phone  
or visit our mobile website at **sdvector.mobi**

*SAFEGUARD YOURSELF, YOUR FAMILY AND YOUR NEIGHBORHOOD*



**Prevent**



**Protect**



**Report**



County of San Diego Vector Control Program  
9325 Hazard Way | San Diego, CA 92123  
PHONE (858) 694-2888 | EMAIL [vector@sdcounty.ca.gov](mailto:vector@sdcounty.ca.gov)

5-10 / 15,000

# FIGHT theBite

*PROTECT YOURSELF, YOUR FAMILY AND YOUR NEIGHBORHOOD*



## West Nile Virus

**Get the facts and join the fight!**



**SDFightTheBite.com**

**For more info, call (858) 694-2888**



# WEST NILE VIRUS IT'S HERE IN SAN DIEGO COUNTY

DESPITE ITS NAME, WEST NILE VIRUS IS COMMON THROUGHOUT THE UNITED STATES AND HAS BEEN PRESENT IN SAN DIEGO COUNTY SINCE 2003.

## Prevent!

Stop Mosquito Breeding Locations Around Your Home

## Protect!

KEEP MOSQUITOES FROM BITING

- Use a mosquito repellent at dawn and dusk
- Repellents containing DEET, Oil of Lemon Eucalyptus, Picaridin and IR3535 are effective and safe for everyone 2 months and older
- Wear long sleeves and long pants outside at dawn and dusk
- Dawn and dusk are when mosquitoes are most active
- Check for and repair holes in window and door screens often

## Report!

STOP OUTBREAKS BEFORE THEY START

- **DEAD BIRDS**  
such as crows, hawks and jays to be tested for West Nile Virus
- **GREEN SWIMMING POOLS**  
and other standing water in your neighborhood. We treat them free of charge — and you can report anonymously
- **MOSQUITOES**  
treatment for mosquitoes is free

**Call (858) 694-2888**  
or visit **SDFightTheBite.com**

### Quick Facts

WEST NILE VIRUS CAN BE A SERIOUS — AND SOMETIMES FATAL — DISEASE

- West Nile Virus affects people of all ages
- There is no cure or vaccine for WNV
- Antibiotics and other drugs don't work against WNV
- There may be no full recovery from WNV



### DON'T FORGET!

Request free mosquito control around your home — it's safe for people and pets. Call Vector Control (858) 694-2888

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or visit **SDFightTheBite.com**

